

Curriculum Vitae (January 2011)
 Zeynep Biringen, Ph.D.
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zbiringen@emotionalavailability.com

EDUCATION

- 1995 Ph.D. respecialization in Child Clinical Psychology, University of Colorado at Boulder. APA-accredited internship at Albert Einstein School of Medicine, Montefiore Hospital, Bronx, New York.
- 1987-1991 MacArthur Postdoctoral Fellow, John D. and Catherine T. MacArthur Network on Early Childhood Transitions, University of Colorado Medical School, Dept. of Psychiatry, Denver, CO. (Robert Emde, M.D., Joe Campos, Ph.D., & Inge Bretherton, Ph.D.)
- 1987 Ph.D. in Developmental Psychology, University of California, Berkeley, CA. (with John Watson, Ph.D. Mary Main, Ph.D.) M.A. in Early Childhood Education, Stanford University, Stanford, CA.

PROFESSIONAL APPOINTMENTS

- 2010 (fall) Visiting scientist, Hemophilia & Thrombosis Center, University of Colorado at Denver and Health Sciences Center.
- 2010 (fall) Visiting scientist, School of Nursing, University of Colorado at Denver and Health Sciences Center.
- 2007 Professor, and Director of the Family and Developmental Studies (FDS) Program, Department of Human Development & Family Studies and Professor of Psychology (Affiliate), Colorado State University, Ft. Collins, Colorado; and Clinical Faculty, Dept. of Psychiatry, University of Colorado Medical School, Denver, Colorado.
- 2002-2007 Associate Professor (with tenure), Department of Human Development & Family Studies and Associate Professor of Psychology (Affiliate), Colorado State University, Ft. Collins, Colorado and Clinical Faculty (affiliate), Dept. of Psychiatry, University of Colorado Medical School, Denver, Colorado.
- 1996-2002 Assistant Professor, Department of Human Development & Family Studies, Colorado State University.
- 1995-1996 School therapist, Boulder Valley School District, Boulder, Colorado (half-time, at Columbine Elementary School, North Boulder).
- 1991-1995 Postdoctoral Fellow, University of Colorado at Boulder, Dept of Clinical Psychology, and the Albert Einstein School of Medicine, Bronx, New York.
- 1987-1991 MacArthur Postdoctoral Fellow and Clinical Instructor, Dept. of Psychiatry, University of Colorado Medical School, Denver, Colorado.

AWARDS AND DISTINCTIONS

- 2007 Best book of the year in Italy, Barone, L. & Biringen, Z. (2007). *Le scale per la valutazione della disponibilità emozionale (Emotional Availability*

- Scales-EAS). In L. Barone, *Emozioni e sviluppo. Percorsi tipici e atipici*. Rome: Carocci.
- 2002 Scholarly Excellence Award for Tenure-Track Faculty, College of Applied Human Sciences, Colorado State University.
- 2002 Colorado State University International Programs Recognition, for international collaborations.
- 2000 Faculty Scholar Award, Service Learning Program, Colorado State University: One of 6 fellows chosen to integrate service learning into teaching.
- 2005-2007 Selected to the Leadership Faculty, *Leadership Development Initiative (LDI), Zero to Three*, policy organization based in Washington D.C.
- 1999-2000 Undergraduate Faculty/Student Award, 6th Annual Symposium on Research & Creativity, Colorado State University, undergraduate student received the highest distinction for research. Faculty teaching/mentoring award.
- 1996 Licensed as a clinical psychologist in Colorado: License # 2101; license active.
- 1988-90 Fellow, Zero to Three, Washington DC.
- 1990-pres. Graduate Fellow, Zero to Three.
- 1986-1987 *Sigma Xi Scientific Research Society* Dissertation award.
- 1986-87 NIMH Predoctoral Traineeship in Developmental Psychology, University of California, Berkeley.

GRANT REVIEWS

- 2009 Social Sciences and Humanities Research Council (**Canada**)
- 2006 Administration for Children and Families, Health and Human Services
- 1987-pres. Israeli Science Foundation

JOURNAL REVIEWS, Regular ad hoc

Child Development

Developmental Psychology

Infant Mental Health Journal

Journal of Family Psychology

European Journal of Child & Adolescent Psychiatry

Journal of Early Childhood and Infant Psychology

Parenting: Science & Practice

Infant Mental Health Journal

SRCD Monographs

Early Childhood Research Quarterly

Family Relations

Journal of Social Behavior and Personality

Attachment and Human Development

Book: *Attachment Disorganization*

JOURNAL REVIEWS/Editorial responsibilities

- 2005-pres. Editorial board: *Journal of Early Childhood and Infant Psychology*
- 2008 Guest editor, *Parenting: Science & Practice*.
- 2008 Guest editor, *Journal of Early Childhood and Infant Psychology*.

- 2005 Guest Editor, *Infant Mental Health Journal*.
 2000 Guest editor, *Attachment and Human Development*

CONFERENCE REVIEWS

- 1987-pres. Program review panel member for *SRCD, Zero to Three National Training Institute, International Conference on Infant Studies*.

ADMINISTRATIVE RESPONSIBILITIES

National/international

- 2007-pres. Advisory Board, *Zero to Three Policy Network*, Washington, DC
 2005-pres. Leadership Faculty, *Leadership Development Initiative (LDI)*, *Zero to Three*, policy organization based in Washington D.C.
 2006 International external committee member, Dissertation Committee, *Macquarie University*, Sydney, Australia.
 2006 International external committee member, Dissertation Committee, *Haifa University*, Haifa, Israel.
 2002 Dissertation Committee, *School of Professional Psychology, University of Denver*, Denver, CO.
 2001 International external committee member, Dissertation Committee, *Haifa University*, Haifa, Israel.

University

- 2009 Program Review
 2007-pres. Family and Developmental Studies Graduate Program Director
 2006-2009 College Research Committee
 2007 Representative, College Curriculum Committee
 2007 Chair, Search Committee (Appointed)
 2007 Interim Head, Undergraduate Program (Appointed)
 2004-2005 Interim Dept. Head, Department of Human Development & Family Studies (elected, contracted for one year).
 2002-2004 Acting Department Head (Appointed by Dept Head, when needed).
 2002-2003, Chair, Executive Committee (Elected)
 2004-present, Leadership Committee, Online HDFS degree (Appointed)
 2002-present Member, Tenure & Promotion Committee
 2001-present Member, Executive Committee
 2003-2004, 2005-2006 Member, College Scholarly Awards Committee
 2005 Member, College Commencement Committee
 1996-1997 Member, Undergraduate Program Committee
 1997-1999, 2001-2003,
 2005-2006-pres Member, Graduate Committee
 1997-1998, 2001 Faculty Search Committees

OTHER PROFESSIONAL ACTIVITIES IN RESEARCH, EDUCATION, AND SERVICES

- 1998-pres. President, Emotionalavailability.com, llc.
- 1996-pres. Private practice as a clinician.
- 2006-pres. Training & Research Program Director for Cooperative Extension, Raising a Secure Child Program, *Colorado State University*.
- 1998 Clinical supervisor for child play therapy, Marriage & Family Therapy Program, *Colorado State University*.
- 1996-pres. Psychological Assessment, Child & Family Assessment Unit, *Colorado State University*.
- 1995-1996 School Therapist, Family Resource Schools Team, *Boulder Mental Health Center, Boulder, CO, Columbine Elementary School, Boulder, CO/Boulder Valley School District*.
- 1994-1995 Child Psychology Intern, Child/Adolescent Clinic; Family Therapy Program; Adult Anxiety/Depression Clinic at Montefiore Hospital, the *Albert Einstein College of Medicine, Bronx, New York*.
- 1994-1995 Psychological Assessment, Testing Center, *Montefiore Hospital, Albert Einstein College of Medicine, Bronx, New York*.
- 1993 Psychological Assessment, Testing Center, *Boulder Mental Health Center, Boulder, CO*.
- 1992 Infant Specialist (parent-infant therapy), Community Infant Project, *Boulder Mental Health Center, Boulder, CO*.
- 1991-1993 Therapist, *Raimy Clinic, University of Colorado, Boulder, CO*.
- 1987-1991 Director of Research: Toddler Emotions Study (MacArthur Collaborative Study of the Colorado Node), *University of Colorado Medical School Center, Denver, CO*.
- 1987-1991 Director of Research: NIMH Developmental Transitions Study, *University of Colorado Medical School, Denver, CO*.
- 1988-pres. Member, *Zero to Three*.
- 1987-pres. Member, *American Psychological Association*.
- 1987-pres. Member, *Society for Research in Child Development*.
- 1987 Research assistant/trainee, *University of California, Berkeley, CA*.
- 1975-1978 Field Coordinator, Value of Children project, *Bosphorus University, Istanbul, Turkey*. Funded by the *World Health Organization (WHO)*.

PROFESSIONAL MEMBERSHIPS

American Psychological Association
Society for Research in Child Development

MEDIA COVERAGE OF RESEARCH

Magazines:

Child Magazine, twice.
Working Mother,
Step Carefully,
Prevention

"klein&groß". It is a German magazine especially for pedagogics and childcare workers in Germany. Issue on "Emotional Intelligence".

TV Appearances:

Court TV (NYC studios, requested by them to be a regular participant)
Denver Fox,
Denver Channel 7.

Radio: Blue Suit Mom

NATIONAL CONSULTANT ON THE EMOTIONAL AVAILABILITY SCALES TO:

2000-present National Institutes of Health, NICHD
Cornell Medical Center.
Columbia University, New York Psychiatric
University of Georgia.
University of Pittsburgh
Child Study Center, Yale University
Tufts University
Bradley Research Center, Brown University
University of Georgia
Yale Child Study Center
University of California, Los Angeles
University of Delaware
Penn State University, several labs including HDFS & Nutrition
University of Connecticut Medical Center
University of Colorado Medical School
University of Colorado, Boulder
University of North Carolina, Chapel Hill
University of California, Davis
University of Chicago
Erikson Institute, Chicago
University of Minnesota, Institute of Child Development
Early Head Start: Multi-site federally funded project, all funded sites
across the US
RTI, Chapel Hill, North Carolina

INTERNATIONAL CONSULTANT ON THE EMOTIONAL AVAILABILITY SCALES TO:

2000-present Germany: Charite Campus, Berlin.
Germany: University of Heidelberg Medical School, Heidelberg,
Eastern Australia: Macquarie University, Sydney, Australia, numerous
other hospitals
Western Australia, numerous hospitals.
Israel: Haifa University and Jerusalem University.
Turkey: Hacettepe University, Ankara.

Belgium: University of Leuven, Leuven.
 Canada: Hospital for Sick Children, Toronto.
 University of Western Ontario, Ontario.
 Sweden: Linköping University.
 Netherlands: Several universities
 Portugal
 Japan: universities in Tokyo as well as other cities
 Latvia
 Korea
 China
 Finland, Helsinki University Central Hospital
 United Kingdom, University of Plymouth, Anna Freud Centre.

COPYRIGHTED ASSESSMENTS (available from www.emotionalavailability.com).

Biringen, Z. *The Emotional Availability (EA) Scales* (4th edition, 2008), Boulder, CO.

Biringen, Z. with the collaboration of Robinson, & Emde. *The Emotional Availability (EA) Scales* (2ND and 3rd editions, 1993, 1998), Boulder, CO.

Biringen, Z. *The Emotional Availability (EA) Scales* (1st edition, 1987), Boulder, CO.

Biringen, Z. (2008). *Emotional Availability (EA) Clinical Screener*.

Biringen, Z. (2008). *The Emotional Availability (EA) Scales: Short Form*.

Biringen, Z. (2008). *Emotional Availability (EA) Checklist for Child Care Professionals*.

Biringen, Z., Vliegen, N., Bijttebier, P., & Cluckers, G. (2002). *Werkversie EAS Self-report*. Niet gepubliceerd werkdokument. [The Emotional Availability – Dutch Self-Report. Copyright holder: Biringen.

Biringen, Z., Vliegen, N., Bijttebier, P., & Cluckers, G. (2002). *The Emotional Availability – English Self-Report*. Copyright holder: Biringen.

OTHER INTERVENTION MATERIALS AND/OR ASSESSMENTS

Biringen, Z. *Emotional Availability (EA) Interventions* for parents and for child care professionals. Manuals.

Biringen, Z. *Video Guides for the EA Interventions*. 6 DVDS.

Bretherton, I., Ridgeway, D. & Biringen, Z. *The Parent Attachment Interview*. Available from Inge Bretherton.

Biringen, Z. & Bretherton, I. (1987) *Maternal sensitivity/insight scale for scoring the Parent Attachment Interview* (Bretherton, Ridgeway, & Biringen, 1987).

E-BOOK

Biringen, Z., Seng, S., & Altenhoften, S. (2005). *Infants, toddlers, and the challenges of military deployments*. Military Families Research Institute, Purdue University, E-book, invited by Dr. Shelley MacDermid, on www.militaryhomefront.com.

EDITED VOLUMES

Biringen, Z. & Easterbrooks, A.E. (submitted) International perspectives on emotional availability across childhood: Growing points and new applications,

Easterbrooks, A.E. & **Biringen, Z.** (2009). Emotional availability across contexts. *Parenting: Science & Practice, Vol.9.*

Easterbrooks, M.A. & **Biringen, Z.** (2005). The Emotional Availability Scales. *Infant Mental Health Journal, Vol. 26.*

Easterbrooks, A. & **Biringen, Z.** (2000). Emotional availability. *Attachment and Human Development, Vol. 2*

Biringen, Z. & Easterbrooks, A.N. (2008). Child care and relationships. *Journal of Early Childhood and Infant Psychology, Vol. 4.*

BOOKS

Biringen, Z. (2010). *Learning to measure caregiver-child emotional availability, as an attachment-relevant global relational quality: For family law and mental health practitioners.* emotionalavailability.com.

Biringen, Z. (2009). *The Universal Language of Love: Assessing relationships through the science of emotional availability.* Available on amazon.com.

Biringen, Z. (2004). *Raising a secure child: Creating emotional availability between you and your child,* Perigee/Penguin Group. Available on amazon.com.

Biringen, Z. (2010). *Raising a secure child,* 2nd ed. emotionalavailability.com and soon on amazon.com.

PUBLICATIONS (CITATIONS in science citation index, over 1000; *refers to a student at the time of the project).

Biringen Z., Seng, S., Troyer, T.* , Altenhofen, S.*, & Rosenberg, J*. (submitted). Military families of young children: Stories of attachment, separation, and reunion.

Matheson, J.L., Hahn, L.J.*, Linke, L., Quinn, A.*, Nilsen, W., Schneider, A.*, Sutherland, K.E.*, Tolpa, J.*, & **Biringen, Z.** (submitted). Families Left Behind: Policy Gaps for Young Children and Families Affected by Substance Abuse.

Biringen, Z., Altenhofen, S., Aberle, J., Bennett, S., Lee, C., Moorlag, A., & Swaim R. (to be submitted). Emotional availability, attachment, and intervention in center-based child care for infants and toddlers, *Development & Psychopathology*.

Biringen, Z., Derscheid, D., Vliegen, N., Easterbrooks, A.E. (to be submitted). Emotional availability (EA): Theory and directions for new research, *Development & Psychopathology*.

Biringen, Z. & Easterbrooks, A.E. (to be submitted). Internal commentary on “International perspectives on emotional availability across childhood: Attachment and risky relational processes”. *Development & Psychopathology*.

Sutherland, K., Altenhofen, S., & **Biringen, Z.** (in press). Emotional availability during mother-child interactions in divorcing and intact married families, *Divorce & Remarriage*, 51.

Mone, J. & **Biringen, Z.** (in press). Perceived parental alienation: Reliability and validity of a new instrument. *Divorce & Remarriage*, 51.

Biringen, Z., Batten, R., Neelan, P., Altenhofen, S., Swaim, R., Bruce, A., Fetsch, R., Voitel, C., & Zachary, V. (2010). Emotional availability (EA): The assessment of and intervention for global parent-child relational quality, *Journal of Experiential Psychotherapy*, 49, 3-9.

Altenhofen, S., **Biringen, Z.**, & Mergler, R. (2010). Families experiencing divorce: Age at onset of overnight stays, conflict, and emotional availability as predictors of child attachment, *Journal of Divorce & Remarriage*, 51, 141-156.

Salo, S., Politi, J., Tupola, S., **Biringen, Z.**, Kalland, M., Halmesmäki, E., Kahila, H., & Kivitie-Kallio, S. (2010). Early development of opioid-exposed infants born to mothers in buprenorphine-replacement therapy. *Journal of Reproductive and Infant Psychology*, 28, Issue 2.

Vliegen, N., Luyten, P., & **Biringen, Z.** (2009). A multi-method perspective on emotional availability in the postpartum period. *Parenting: Science & Practice*, 9, 228-243.

Salo, S., Kivistö, K., Korja, R., **Biringen, Z.**, Tupola, S.-M., & Kivitie-Kallio, S. (2009). Emotional availability, parental self-efficacy beliefs, and child development in caregiver-child relationships with buprenorphine-exposed 3-year-olds, *Parenting: Science & Practice*, 9, 244-259.

Easterbrooks, A.E. & **Biringen, Z.** (2009). Emotional availability across contexts. *Parenting: Science & Practice*, 9, 179-182.

Biringen, Z. & Easterbrooks, A.N. (2008). Child care and relationships. In Biringen, Z. & Easterbrooks, A.N. et al. (Eds., invited special mini-series on child care). *Journal of Early Childhood and Infant Psychology*, 4, 1-3.

Biringen, Z., Moorlag, A., Meyer, B., Wood, J., Aberle, J., Altenhofen, S., & Bennett, S. (2008). The emotional availability (EA) intervention with child care professionals. *Journal of Early Childhood and Infant Psychology*, *4*, 39-52.

Biringen, Z., Emde, R. N., Campos, J. J., & Appelbaum, M. (2008) Development of autonomy: role of walking onset and its timing. *Perceptual and Motor Skills*, *106*, 395-414.

Altenhofen, S., **Biringen, Z.**, & Mergler, R. (2008). Significant family dynamics related to post-divorce adjustment in parents and children. *Divorce & Remarriage*, *49*, 25-40.

Altenhofen, S., & **Biringen, Z.** (2008). Divorce. In Salkind, N. (Ed.), Vol. 1. *Encyclopedia of Educational Psychology*. (pp. 270-273). Thousand Oaks, CA: Sage Publications, Inc.

Altenhofen, S., & **Biringen, Z.** (2008). Attachment. In Salkind, N. (Ed.), Vol. 1. *Encyclopedia of Educational Psychology*. (pp. 73-76). Thousand Oaks, CA: Sage Publications, Inc.

Biringen, Z., Grant, T., & Hill, D. (2008). Attachment disorder. *Encyclopedia of Educational Psychology*, Thousand Oaks, CA: Sage Publications, Inc.

Altenhofen, S., Davy, B., & **Biringen, Z.** (2008). Early child care and education. In Salkind, N. (Ed.), Vol. 1. *Encyclopedia of Educational Psychology*. (pp. 295-300). Thousand Oaks, CA: Sage Publications, Inc.

Möhler, E., Poustka, L., & **Biringen, Z.** (2007). Emotional availability in a sample of mothers with a history of abuse, *American Journal of Orthopsychiatry: Interdisciplinary perspectives on mental health and social justice*, *77*, 624-628.

Barone, L. & **Biringen, Z.** (2007). Le scale per la valutazione della disponibilità emozionale (Emotional Availability Scales-EAS). In L. Barone, *Emozioni e sviluppo. Percorsi tipici e atipici*. Rome: Carocci.

Mone, J. & **Biringen, Z.** (2006). Perceived parent-child alienation: An empirical investigation with college students. *Journal of Divorce and Remarriage*.

Vliegen, N., Bijttebier, P., Boulpaep, N., Luyten, P.M., Cluckers, G. & **Biringen, Z.** (2005). De EA-DSR Een zelfrapporteringschaal voor het meten van emotionele beschikbaarheid bij ouders van jonge kinderen (0-1 jaar). [The EA-DSR, a parental self report scale measuring emotional availability in interaction with infants (0-1 year). *Diagnostiekwijzer*. [peer-reviewed Dutch journal], Jaargang, *8*, 137-147.

Biringen, Z., Skillern, S. Mone, J., & Pianta, R. (2005). Emotional availability is predictive of the emotional aspects of children's "school readiness". *Journal of Early Childhood and Infant Psychology*, *1*, 81-98.

Biringen, Z., Greve, J., Howard, W., Leith, D., Moore, S., Sakoguchi, S., Tanner, L., & Williams, L. (2005). Response to Warshak, Essays from the Family Courts Review: Overnights and Young Children (Guest editor: Marsha Kline Pruett). (Also published in *Family Courts Review*, 30, 355-364.)

Solomon, J. & **Biringen, Z.** (2005). Another look at the developmental research. *Essays from the Family Courts Review: Overnights and Young children* (Guest editor: Marsha Kline Pruett). (Also published in *Family Courts Review*, 30, 355-364.)

Easterbrooks, A.E. & **Biringen, Z.** (2005). The Emotional Availability Scales: Methodological refinements of the construct and clinical implications related to gender and at-risk interactions. *Infant Mental Health Journal*, 291-294.

Biringen, Z. (2005). Training and reliability issues with the Emotional Availability Scales. *Infant Mental Health Journal*, 404-405.

Biringen, Z., Damon, J., Pipp-Siegel, S., Grigg, W., & Stratton, J. (2005) et al. Emotional availability: Differential predictions to infant attachment based on observation time and context. *Infant Mental Health Journal*, 295-308.

Biringen, Z.*., Fidler, D.* Barrett, K. & Kubicek, L. (2005). Applying the Emotional Availability Scales to children with disabilities. *Infant Mental Health Journal*, 369-391, * first authorship shared*

Weifel, A., Oepen, G. **Biringen, Z.** (2005). Emotional availability in infant psychiatry. *Infant Mental Health Journal*, 392-403.

Krafchick, J. & **Biringen, Z.** (2003). Parents as sexuality educators: The role of family therapists in coaching parents. In T.S. Zimmerman (Ed.). *Integrating gender and culture in parenting* (pp. 57-72). New York: Hayworth. [also published as Krafchick, J. & Biringen, Z. (2002). Parents as sexuality educators. *Journal of Feminist Family therapy*, 14, 57-72.]

Biringen, Z. & Howard, W. (2002). Adult attachment and couple psychotherapy: The 'Secure Base' in Practice and Research, Edited by C. Clulow, *Couple & Relationship Therapy*, 1, 96-99.

Pipp-Siegel, S. & **Biringen, Z.** (2000). Emotional availability in an applied setting. *Volta Review*, 100, 237-250.

Easterbrooks, A. & **Biringen, Z.** (2000). Mapping the terrain of emotional availability and attachment, *Attachment and Human Development*, 2, 129-135.

Biringen, Z., Brown, D., Donaldson, L., Krcmarik, S., & Lovas, G. (2000). Adult attachment interview: Linkages with dimensions of emotional availability for mothers and their prekindergarteners, *Attachment and Human Development*, 2, 188-202.

Biringen, Z., Matheny, A., Bretherton, I., Renouf, A., Sherman, M. (2000). Maternal representation of the self as parent, *Attachment and Human Development*, 2, 218-232.

- Biringen, Z.**, et al., (2000) The Emotional Availability Scales, 3rd edition, *Attachment and Human Development*, 2, 256-270.
- Biringen, Z.**, Robinson, J., & Emde, R.N. (2000) The Emotional Availability Scales, 2nd edition, *Attachment and Human Development*, 2, 251-255.
- Biringen, Z.** & Easterbrooks, A. (2000). Response to Bretherton and Emde, *Attachment and Human Development*, 2, 249-250.
- Biringen, Z.** (2000). Emotional availability: Conceptualization and research findings, *American Journal of Orthopsychiatry*, 70, 104-114.
- Biringen, Z.**, Emde, R.N., Brown, D., Lowe, L., Myers, S., & Nelson, D. (1999). Emotional availability and emotion communication in naturalistic mother-infant interaction: Evidence for gender differentiation, *Journal of Social Behavior and Personality*, 14, 463-478.
- Biringen, Z.** (1999). Families Making Sense of Death, by Janice Winchester Nadeau, *Journal of Marriage and the Family*, 549-550.
- Biringen, Z.**, Emde, R. N., & Pipp-Siegel, S. (1997). Dyssynchrony, conflict, and resolution: Positive contributions to infant development, *American Journal of Orthopsychiatry*, 67, 4-19.
- Biringen, Z.**, Emde, R.N., Campos, J.J., & Appelbaum, M. (1995). Affective reorganization in the infant, the mother, and the dyad: The role of upright locomotion and its timing, *Child Development*, 66, 499-514.
- Robinson, J. & **Biringen, Z.** (1995). Gender and emerging autonomy in development, *Psychoanalytic Inquiry*, 15, 60-74.
- Biringen, Z.**, Robinson, J. L., & Emde, R. N. (1994). Maternal sensitivity in the second year: Gender-based relations in the dyadic balance of control, *American Journal of Orthopsychiatry*, 64, 78-90.
- Biringen, Z.** (1994). Attachment theory and research: Application to clinical practice, *American Journal of Orthopsychiatry*, 64, 404-420
- Robinson, J., Little, C., & **Biringen, Z.** (1993). Emotional communication in mother-toddler relationships: Evidence for early gender differentiation, *Merrill-Palmer Quarterly*, 39, 496-517.
- Morgan, G.A, **Biringen, Z.**, Maslin-Cole, C., & Harmon, R.J. (1991). Play assessment of mastery motivation in infants and young children. In C. E. Schaefer & A. Sandgrund (Ed.), *Play Diagnosis and Treatment*, pp. 65-86, Hillsdale, NJ: Lawrence Erlbaum.
- Biringen, Z.** & Robinson, J. (1991). Emotional availability: A reconceptualization for research, *American Journal of Orthopsychiatry*, 61, 258-271
- Emde, R. N., **Biringen, Z.**, Clyman, R., & Oppenheim, D. (1991). The moral self of infancy: Affective core and procedural knowledge, *Developmental Review*, 11, 251-270.

Biringen, Z. (1990). Direct observation of maternal sensitivity and dyadic interactions in the home: Relations to maternal thinking, *Developmental Psychology*, 26, 278-284.

Bretherton, I., **Biringen, Z.**, Ridgeway, D., Maslin, C., & Sherman, M. (1989). Attachment: The parental perspective, *Infant Mental Health Journal*, 10, 203-221. [also published in K. Pillemer & K. McCartney (Eds.) *Parent-child relations across the life span.*]

Biringen, Z. C. (1987). Infant attention to facial expression and facial motion. *Journal of Genetic Psychology*, 148, 127-133.

Feldman, S.S., **Biringen, Z. C.**, & Nash, S. (1981). Fluctuations in sex-related self-attributions as a function of stage of family life cycle, *Developmental Psychology*, 19, 24-35.

CONTRACTS & GRANTS

2004-2008: PI: Project Secure Child in Child Care: *Bohemian Foundation/Temple Hoyne Buell Foundation.*

2004-2005: PI on subcontract: Military Families with Babies: *United States Department of Defense*, through Military Families Research Institute, Purdue University.

2005-2006: Co-I: Online HDFS Degree/Head Start Training Grant: *Department of Health and Human Services/Administration for Children and Families.*

2005-2007: Co-I: Drug abusing mothers (of infants) and their residential treatment. Collaborative work with Helsinki University Central Hospital for Children and Youth, Department of Social Pediatrics, *Helsinki University Central Hospital.*

2005-2007: Co-I: Maternal history of abuse, *German Research Foundation*, University of Heidelberg, Medical School.

2000-2003: PI: The Transition to Elementary School: An attachment perspective: *National Science Foundation.*

2000: PI: Service learning innovations in instructional teaching: Colorado State University's Service Learning Project.

1996-1997: PI: Maternal representations of attachment: Colorado State University's AHS Mini-Grant Program.

1996-1997, 1997-1998: PI: Maternal representations of attachment: Colorado State University's Career Enhancement Award.

1997-1998: PI: The transition to elementary school: An attachment perspective: Colorado State University's AHS Mini-Grant Program.

1997-1998: PI: The transition to elementary school: An attachment perspective: Colorado State University's Faculty Research Grants.

1998: PI: Gender infusion into undergraduate education teaching innovation: Colorado State University's Women's Studies Program Gender Infusion Teaching Project.

1987-1990: PI: Maternal representations of attachment: *John D. and Catherine T. MacArthur Foundation* Dissertation Grant.

1987-1989: PI on subcontract/Project Director: Toddler Emotions Study, *John D. and Catherine T. MacArthur Foundation* Grant to the Colorado Node.

1987-1991: Project Director: Developmental Transitions Study, *NIMH*-funded project on the importance of transitions such as walking and language for reorganizations in the family system.

INVITED LECTURES AND WORKSHOPS

Biringen, Z. (March, 2011). (1/2 day keynote speaker to 150 lawyers/mental health practitioners). *Emotional availability (EA): The bridge from research to psycholegal practice*. Interdisciplinary Committee on Child Custody, Sheraton Denver, Denver, Colorado.

Biringen, Z. (February, 2011). Emotional availability training institute, Ankara, Turkey (Ankara University).

Biringen, Z. & MacNamara, K. (August, 2010). *Parenting plan development – Tough cases*. 2010 Family Law Institute, Steamboat Springs, Colorado.

Biringen, Z. (June, 2010). Emotional availability training institute, Istanbul, Turkey (Yeditepe University).

Biringen, Z. (June, 2010). Emotional availability training institute, Helsinki, Finland (Central Helsinki Hospital, University of Helsinki).

Biringen, Z. (June, 2009). Training of most of the large mental health hospitals and centers in the Netherlands to use the Emotional Availability (EA) Scales.

Biringen, Z. (April, 2009). *Lectures on emotional availability and its links with self-regulation*. Guest faculty, Harris Institute, Phoenix, Arizona.

Biringen, Z. (June, 2008). *Lectures on emotional availability*. Milano, Italy.

Biringen, Z. (June, 2008). *Emotional Availability (EA) Training Institute*. Chieti University, Chieti, Italy.

Biringen, Z. (June 26-29, 2007). *Emotional Availability (EA) Training Institute*. Zutphen, Netherlands. Sponsored by Riagg Ijsselland, Deventer, Netherlands.

Biringen, Z. (June, 2007). *Emotional availability (EA) measurement*. The Anna Freud Centre, London, England.

Biringen, Z. (May, 2007). *Emotional Availability Interventions for child care providers and for parents for substance-abusing mothers*. Methodist Family Health, Little Rock, Arkansas.

Biringen, Z. (April, 2007). *The Emotional Availability Intervention for child care providers of infants and toddlers*, The Developmental Psychobiology Research Group (DPRG), University of Colorado Medical School, Dept of Psychiatry, Denver, CO.

Biringen, Z. (April 5 and April 12, 2006). *Emotional availability for special populations and Project SECURE*. The Erikson Institute, University of Chicago.

Biringen, Z. (Aug., 2006). *SECURE for parents*. Keynote address. The Communities Collaborative Conference, White Earth Child Care Program, Working together for every child, the 6th Annual Brain Development Conference, Mahnomon, Minnesota.

Biringen, Z. (Oct., 2005). *The Emotional Availability Scales, the Emotional Availability Checklist, and the Emotional Availability Intervention: Findings from Project SECURE*, Colorado Infant Mental Health Association (COAIMH).

Biringen, Z. (Sept., 2005). *An educational intervention for child care providers for infants and toddlers: Project SECURE*. Grantmakers for Children, Youth, and Families (GCYF), Panel on the emotional and mental health of young children and policies our country should have in place (with Jane Knitzer, National Center for Children and Poverty, Columbia University and Joanna Lauen, Irving B. Harris Foundation, Brown Palace Hotel, Denver, CO.

Biringen, Z. (Sept., 2005). *Emotional availability and attachment for foster children*, CASA, Ft. Collins, CO.

Biringen, Z. & Weifel, A., (June, 2005). *Emotional availability training workshop*, 4-day workshop, Charite Campus, Berlin, Germany.

Biringen, Z. (Nov. 16, 2004). *Attachment for educators*. Early Years Conference, Boise, Idaho.

Biringen, Z. (Oct. 17, 2004). *Secure child*, break out session with parents and childcare providers, Kids First Conference, Sponsored by the United Way of Weld County.

Biringen, Z. (March, 2004), *Emotional availability training workshop*, 4 days, University of Heidelberg Medical School. (attendees from Portugal, Croatia, Switzerland, Germany, Austria)

Biringen, Z. (Sept., 2003). *Overnight visitations for infants and toddlers*, Interdisciplinary Committee on Child Custody, keynote speaker, Boulder, CO.

Biringen, Z., & Weifel, A. (June, 2003). *Emotional availability training workshop*, 4 days, Charite Campus, Berlin, Germany. (attendees mainly from Germany)

Biringen, Z. (March, 2003). *Emotional availability and clinical practice*, Clinical Psychology Program, Pace University.

Biringen, Z. (May, 2003). *Attachment and brain development*. Kids Brain Conference, Metropolitan State College, Denver, CO.

Biringen, Z. (Sept, 2002). *Emotional Availability*. German-Speaking Association for Infant Mental Health (GAIMH) International Congress, main speaker

Biringen, Z. (Sept., 2002). *Emotional Availability Training Workshop*, Charite Campus, Berlin, Germany. (attendees from German-speaking countries).

Biringen, Z. (June, 2001). World Association for Infant Mental Health (WAIMH, Australian Chapter), *5 days of lectures and Emotional Availability Training Workshops*. (attendees from Eastern Australia), Sydney, Australia.

Biringen, Z. (June, 2001). *Emotional availability and biological underpinnings*. Mount Sinai School of Medicine, Dept of Child Psychiatry, New York, New York.

Biringen, Z. & M. Lamb (April, 2000). *Parental responsibilities: Does gender make a difference? Mothering vs. Fathering*. All-day workshop sponsored by the Interdisciplinary Committee on Child Custody (IDC), to be held at the University of Denver, Denver, CO.

Biringen, Z. (February, 1999). *Emotional availability and attachment: Measurement and predictive capabilities*. Cooperative Extension, Colorado State University.

Biringen, Z. (April, 1999). *Emotional availability in normal mothers in interaction with their deaf or hard-of-hearing infants*. Preconference, Biennial Meetings of the Society for Research in Child Development, New Mexico.

Biringen, Z. (June, 1999). *Is Emotional Availability a promising instrument for understanding interactions between mothers and their children? A look at hearing mothers with their deaf or hard-of-hearing infants and children*, Georgia State University, Atlanta, Georgia.

Malloy-Gonzalez, S. & Biringen, Z. (1998, November). The Eighth Mary Scott Lectures. Teaching & Learning. *Inclusiveness: The child with different needs*. Colorado State University, Ft. Collins, CO.

Biringen, Z. (1998, October). *Attachment, attachment disorders, and emotional availability*, Larimer County Mental Health, Ft. Collins, CO.

Biringen, Z. (1998, June). *Emotional Availability Training Workshop (2 1/2 days)*, Boulder, CO.

Biringen, Z. (1997, June). *Emotional Availability Training Workshop (2 days)*, Boulder, CO.

Biringen, Z. (1996, February). *Emotional availability scales: Application to therapeutic practice*, Second Annual Colorado Association for Play Therapy, Arvada, CO.

Biringen, Z. (1996, October). *Emotional availability scales*, Family and Preschool Services, Boulder Mental Health Center, Boulder.

Biringen, Z. (1995, February). *Maternal sensitivity: Components and correlates*, New School for Social Research, Clinical Psychology Dept., New York, New York.

Biringen, Z. (1995, December). *Maternal sensitivity: Components and correlates*, University of Massachusetts at Boston Clinical Psychology Dept., Boston, Massachusetts.

Biringen, Z. (1992, October). *Emotional availability in the mother-child relationship*, University of Denver, Psychology Dept., Denver, Colorado.

Biringen, Z. (1992, November). *The development of infant autonomy: The role of upright locomotion and its timing*, University of Colorado, Psychology Dept., Boulder, Colorado.

Biringen, Z. (1992, March). *Affective reorganizations in the mother-infant dyadic relationship*, Hunter College, Biopsychology Program, New York, New York.

SYMPOSIA/PROFESSIONAL MEETINGS

Biringen, Z. (February, 2011). *Emotional availability (EA): Overview of research on the EA Scales and preliminary research on EA preventive interventions with parents and child care professionals*. Bebek ruh sagligi sempozyumu (0-3) XXIV. Prof. Dr. Mualla Ozturk. Ankara Universitesi.

Biringen, Z. (July, 2010). *Emotional availability (EA): Short, practitioner version*. World Association for Infant Mental Health (WAIMH) in Leipzig, Germany. *Infancy in Times of Transition*.

Biringen, Z. & Teti, D. (July 2010) (Co-Chairs) Symposium *Emotional availability (EA) in infant feeding disorders, infant sleep quality, and maternal drug abuse: Clinical applications of the EA Scales*.

Flykt, M., Punamaki, R., Belt, R., Biringen, Z., Salo, S., Pajulo, M., Posa, T. (July 2010) *Early maternal representations and Emotional Availability (EA) in drug-using and non-using mothers and their infants*. In Biringen, Z. & Teti, D. (Co-Chairs) Symposium *Emotional availability (EA) in infant feeding disorders, infant sleep quality, and maternal drug abuse: Clinical applications of the EA Scales*. World Association for Infant Mental Health (WAIMH) in Leipzig, Germany. *Infancy in Times of Transition*.

Biringen, Z. & McMahon, C. (July 2010) (Co-Chairs) *Emotional availability (EA): Risky relational processes in an international context*.

Biringen, Z. (December, 2010). *Emotional availability (EA): Short, practitioner version for observation of caregiver-child relationships*. National Training Institute, Phoenix, Arizona.

Biringen, Z. (April, 2009). *Emotional availability (EA) Training Institute*, Boulder, Colorado.

Biringen, Z. & Easterbrooks, A.N. (Co-Chairs). (2009). Symposium on “*Emotional Availability and Risky Family Processes: Infancy and Well Beyond*”, *Society for Research and Child Development*, Denver, CO.

Biringen, Z. & Easterbrooks, A.N. (Co-organizers). (2009). *Emotional Availability (EA) Preconference*, *Society for Research in Child Development*, Denver, CO.

Biringen, Z., Altenhofen, S., Batten, R., Neelan, P., Fetsch, R., & Bruce, A., (2009). *The Emotional Availability (EA) Interventions: Non-Parental Caregiver and Parent Programs*, SRCDC EA Preconference.

Biringen, Z. (December, 2008). *The Emotional Availability (EA) Programs*. Zero to Three National Training Institute (NTI), Los Angeles, CA.

Biringen, Z. (October, 2008). *Emotional availability (EA) Training Institute*, Boulder, Colorado.

Teti, D. & Biringen, Z. (March, 2007). *Roundtable on emotional availability*, Society for Research in Child Development, Boston, MA. Other panelists: Ann Easterbrooks, David Oppenheim, Lorraine Kubicek, Yair Ziv.

Biringen, Z. et al. (March, 2007). *Symposium on Child Care and Relationships*, Society for Research in Child Development, Boston, MA. Other presenters: Ann Easterbrooks (Tufts U.), Eva Shivers (U. Pittsburgh), Judy Ungerer (Macquarie University, Sydney, Australia).

Lee, E., Sheek, K., Sutherland, K. & Biringen, Z. (April, 2007). *Child care professional development program*. Colorado State University Symposium for Undergraduate Research and Creativity, Fort Collins, CO.

Biringen, Z., Aberle, J., Altenhofen, S., Bennet, S., Meyer, B., Moorlag, A., et al. (July, 2006). *The Emotional Availability Intervention for child care providers of infants*. Symposium (Co-chaired with M. Ann Easterbrooks), entitled "Emotional availability: Cultural and community contexts" at the World Association for Infant Mental Health (WAIMH). Other presenters: Marc Bornstein (NICHD), Eva Moehler (Heidelberg, Germany), Ora Aviezer (Israel), held in Paris, France.

Moehler, E. & Biringen, Z. (July, 2006). *Emotional availability in a sample of mothers with a history of abuse: Influence of childhood physical sexual abuse on emotional availability*. Symposium (Co-chaired with M. Ann Easterbrooks), entitled "Emotional availability; Cultural and community contexts" at the World Association for Infant Mental Health (WAIMH). Other presenters: Marc Bornstein (NICHD), Eva Moehler (Heidelberg, Germany), Ora Aviezer (Israel), held in Paris, France.

Salo, S., Politi, J., Kalland, M., Munck, P. Halmesmaki, E., Tupola, S., Kvitie-Kallio, S. & Biringen, S. *Differences in early infant-caregiver emotional availability and infant development between random normative clinical drug-abusing and nondrug-abusing sample of 5 to 12 month old Finnish infants*. Presentation at the World Association of Infant Mental Health (WAIMH). Paris, France.

Biringen, Z. (July 2006). *The 4th Edition of the EAS*, Poster presented at the World Association for Infant Mental Health (WAIMH). Paris, France.

Biringen, Z. (Sept., 2005). *An educational intervention for child care providers of infants and toddlers*. Colorado Child Care Training Conference, Make a difference for a child, Make a difference for the world. Denver, CO.

Biringen, Z. (Sept 2005). Extension Forum, *RAISING A SECURE CHILD*, Fort Collins, CO.

Biringen, Z. & Black, K. (April 2, 2005). *Parenting Day, featuring their two books, RAISING A SECURE CHILD and MOTHERING WITHOUT A MAP*, 9:00-12:00 morning workshop to

begin the fee-for-service programs of the Department of Human Development and Family Studies, Colorado State University.

Georgelas, K, Fugler, E., & Biringen, Z. (April, 2003). *Children's Representations: Links With Emotional Availability and Kindergarten Peer Relationships*, Biennial Meetings of the Society for Research in Child Development, Tampa, FL.

Biringen, Z. (2001, November). *Teaching children (of all ages) about sexuality*, Families at Five, Dept. of Human Development & Family Studies, Colorado State University, Fort Collins, CO.

Biringen, Z. & Easterbrooks, A.E. (2001, April). Co-Chair of Symposium, *New Directions in Emotional Availability Research: Diverse populations, longitudinal predictions, and methodological inquiry*, Biennial Meetings of the Society for Research in Child Development, Minneapolis, Minnesota.

Biringen, Z. (2001, April). *Emotional availability in infants: Differential predictions based on observation time*, In Biringen, Z. & Easterbrooks, A.E. (Co-Chairs), *New Directions in Emotional Availability Research: Diverse populations, longitudinal predictions, and methodological inquiry*, Biennial Meetings of the Society for Research in Child Development, Minneapolis, Minnesota. Other presenters: Gretchen Lovas (UC-Davis), Alice Carter & Christina Little (Yale U), Bob Emde (UCHSC).

Biringen, Z. & Krchmarik, S. (1998, April). *Attachment patterns: Training session on attachment issues for child care providers*. Colorado Association for the Education of Young Children (CAEYC), Denver, Colorado.

Biringen, Z. (1998, April). Co-Chair of Symposium, *Emotional availability, attachment, and risk*, International Conference on Infant Studies, Atlanta, Georgia.

Biringen, Z. (1998, April). *Apparent sensitivity: A methodological note*. In Z. Biringen (Chair), Symposium on Emotional availability, attachment, and risk, International Conference on Infant Studies, Atlanta, Georgia.

Biringen, Z., Matheny, A. & Bretherton, I. (1998, April). *Maternal social cognition and object relations: Connection with perceptions of self and relationships with one's child and family*, Poster presented at the International Conference on Infant Studies, Atlanta, Georgia.

Biringen, Z., Renouf, A., & Sherman, M. (1997, April). *What predicts sensitive mothering?* Poster presented at the Society for Research in Child Development, Washington, D.C.

Reyes, G., Silvern, L., Kaersvang, L., Williams, W. M., Stolbach, B.C., & Biringen, Z. (1995, April). *Maltreated children's involvement with their mothers is associated with their functioning among peers*, Poster presented at the Society for Research in Child Development, Indianapolis, Indiana.

Kaplan, M., Biringen, Z., & Asnis, G. (1995, August). *Suicide, abuse, and dissociation in psychiatric outpatients*, Poster presented at the American Psychological Association, New York, New York.

Biringen, Z. (1992, May). *"Testing of wills" and affectivity as related to the timing of upright locomotion*, In J. Campos (Chair) *Developmental Transitions of Infancy*, Symposium conducted at the International Conference on Infant Studies, Miami, Florida.

Biringen, Z. (1991, April). *Infant walking onset: Home observations of affectivity and autonomy*. Poster presented at the Society for Research in Child Development, Seattle, Washington.

Biringen, Z., Emde, R. N., Campos, J.J. & Appelbaum, M. (1991, May). *Infant walking and the development of autonomy*, Developmental Psychobiology Research Group, University of Colorado Medical School, Denver, Colorado.

Biringen, Z. (1990, April). *Maternal representational sensitivity as related to observed sensitivity*, Psychiatry Grand Rounds, University of Colorado Medical School, Denver, Colorado.

Biringen, Z. (1990, April). *Changes in emotional availability as related to the onset of infant walking*, In J. Osofsky (Chair), *Emotional availability: Strength and vulnerabilities in development*. Symposium conducted at the International Conference on Infant Studies, Montreal, Canada.

Biringen, Z. (1990, April). *Emotional availability in the mother-infant relationship and peer interactions*, Paper presented at the National Center for Clinical Infant Programs Fellows Week, Hosted by the University of Chicago, Chicago, Illinois.

Biringen, Z., Emde, R.N., & McNulty, D.M. (1989, April). *Correlates of maternal sensitivity: Relations to infant development*. Poster presented at the Biennial Meetings of the Society for Research in Child Development, Kansas City, Missouri.

Bretherton, I., Biringen, Z., & Ridgeway, D. (1989, April). *Attachment: The parental perspective*. Paper presented at the Biennial Meetings of the Society for Research in Child development, Kansas City, Missouri.

Biringen, Z., Emde, R.N., McNulty, D., Trierweiler, G., & Lewis, M. (1989, August). *The effect of infant walking onset on the quality of the mother-infant relationship*. Poster presented at the World Association for Infant Psychiatry and Allied Disciplines (WAIPAD), Lugano, Switzerland.

Biringen, Z. (1989, June). *The affective tone of the mother-infant relationship and the timing of walking onset*, Fellows Week of the National Center for Clinical Infant Programs, Hosted by the Parent-Infant Program, University of California, San Francisco, San Francisco, California.

Biringen, Z. & Rossow, A. (1987, August). *Maternal perception of attachment history as related to mother-infant interactions*. Poster presented at the 95th Annual Convention of the American Psychological Association.

Biringen, Z. (1988, April). *Associations among internal working models of parental relationships, sense of self, and internal working models of the child*. Paper presented at the International Conference on Infant Studies, Washington, D.C.